

# HIGH ROPES PROCEDURES

This is a qualified instructor only activity



## DESCRIPTION

### GROUP RESPONSIBILITIES

- Adults to help supervise and belay participants during activity (i.e. group control).
- Adults to assist in the fitting of harnesses and belaying
- Must have at least one adult per group of participants. If participants are under 13 years old 2 adult belayers are required. Participants 13 years and older may belay each other if the instructor deems it necessary and they have been trained by the instructor who confirms their competence.

### TUI RIDGE RESPONSIBILITIES

- Tui Ridge will provide competent, trained instructors.
- Tui Ridge will be responsible for the safety and well being of the participant while on the High Ropes.
- Tui Ridge instructors will give clear instructions on the operation of each activity.
- Tui Ridge will provide helmets, harnesses, ropes and equipment for each activity.
- All ropes will be logged and checked on a regular basis and ropes retired after no more than 300 hours of actual use
- Tui Ridge will maintain and upgrade the High Ropes course and all its equipment.
- Group ratios of no more than 12:1
- Tui Ridge will close down activity if conditions are considered by the instructor to be too dangerous (i.e. Thunderstorm or raining)



## HIGH ROPES COURSE

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### *What is a Challenge Ropes Course?*

The Tui Ridge Challenge Ropes course is a series of challenges set 10 metres off the ground designed to challenge participants as well as create a sense of team building and co-operation within the group.

There are 10 different elements that can be achieved, designed to increase in "perceived risk" so as to enhance participants sense of achievement.

### *Desired Outcomes*

To challenge each person at their individual level to step outside their comfort zone. To reach a "peak experience" and sense of achievement through participation. To teach belaying skills, teamwork, encouragement and support to the group. To set and reach goals

### *You are in good hands*

Qualified instructors will take a group through each step of the High Ropes from trust activities, introduction to gear and training of its use to finally getting "up there" onto the ropes. Each instructor has been fully trained and is totally competent in every aspect of all the activities and procedures.

### *What do I have to wear?*

We advise sturdy shoes, relatively comfortable fitting practical clothes. Items like Lycra shorts, loose sandals and trousers with low crutches aren't recommended. Hats and warm jackets are recommended and a raincoat just in case.

### *Food and Water*

There is no drinking water at the Ropes Course site so you may want to bring your own drinks. Tui Ridge can provide lunches by request but must be booked prior to arrival.

### *Who can use it?*

Any member of the public can hire the High Ropes Course on any day of the week except Saturdays and subject to booking and instructor availability. Prices may vary depending on group numbers and time required.

### *Contact details*

You can book with us by email at [bookings@tuiridgepark.co.nz](mailto:bookings@tuiridgepark.co.nz) or fax us on 07 332 3540 or just plain old fashioned call us on 0800 TUIRIDGE, we would love to hear from

you.